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Whitehead Institute to Offer MyCareTeam™ Diabetes Management Software to Employees & Family Members

Whitehead Wellness Program benefits to include MCT-Diabetes diabetes management software

Acton, MA. – September 16, 2008 – Whitehead Institute, in conjunction with MyCareTeam, Inc., has announced that MyCareTeam’s popular diabetes management software, MCT-Diabetes, is immediately available to all Whitehead Institute employees and family members through the institute’s health and wellness program.

Whitehead employees can now use MCT-Diabetes to securely upload blood glucose (sugar) readings from their glucose meter and communicate electronically with their caregivers. MCT-Diabetes, recently cleared by the FDA, guides people with diabetes to make the required behavioral and medication changes supported by frequent feedback and input from caregivers.

“We are delighted to be able to offer our community the opportunity to improve their diabetes health using the MCT-Diabetes software.” said Marianne Howard, Associate Vice President of Whitehead Institute. “This product fits perfectly into our vision of giving our employees the best tools to improve their health.”

Howard added that use of the software could eventually deliver the added benefit of helping to control Whitehead Institute’s overall health costs.

MCT-Diabetes offers a unique and personalized way to share and monitor blood glucose levels, keep track of medications, log blood pressure, track lab results, and build and maintain an exercise log. The product also allows people with diabetes to invite individuals into their health-management support circle, and provides an interactive method for receiving feedback in the form of charts and graphs.

“MCT-Diabetes has been shown in clinical trials to reduce blood glucose and HbA1c levels.” said Jim Mingle, CEO of MyCareTeam, Inc. “The Whitehead Institute roll-out of MCT-Diabetes is an innovative example of how health and wellness organizations can use behavior management tools like MCT-Diabetes to improve the overall health of their employees who have diabetes.”



MyCareTeam recently announced integration of MCT-Diabetes with Google Health. Google Health allows consumers to enter and maintain their own medical data and electronically send that information to systems, which are connected to Google Health. MyCareTeam's diabetes management software, MCT-Diabetes, integrated with Google Health, will allow consumers to securely transfer diabetes related information to and from the Google Health medical data repository. The data can be transferred to any other medical applications that are also integrated with Google Health.

MCT-Diabetes is available to wellness programs, consumers and health professionals directly from MyCareTeam and select distribution channels. Monthly and yearly subscriptions are available. Visit www.mycareteam.com for more information.

About MyCareTeam, Inc.

MyCareTeam, Inc. was founded to provide software offerings that are designed to help people with diabetes to collaborate and manage their illness while reducing overall healthcare costs. The company's diabetes offering, MCT-Diabetes is cleared by the FDA and has been successfully used for over five years by patients, doctors and nurses to dramatically improve the health and wellness in people with diabetes and reduce overall healthcare costs. MyCareTeam is headquartered in Acton, Massachusetts and the company's website is www.mycareteam.com.

About Whitehead Institute for Biomedical Research

Whitehead Institute for Biomedical Research is a nonprofit, independent research and educational institution. Wholly independent in its governance, finances and research programs, Whitehead shares a close affiliation with Massachusetts Institute of Technology through its faculty, who hold joint MIT appointments.

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