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Contact:

Donna Slattery
MyCareTeam, Inc.
(978) 635-3930 x5123
dslattery@mycareteam.com

Leading Diabetes Advocate Nicole Johnson, MA, MPH to Author Diabetes Articles for MyCareTeam

Monthly articles will discuss numerous topics related to the subjects of diabetes health and wellness

Acton, MA. – October 21, 2008 – MyCareTeam, Inc., a leading vendor of Internet-based diabetes management software, has announced that long-time diabetes advocate Nicole Johnson will be contributing her diabetes knowledge to MyCareTeam's diabetes community in the form of monthly articles that will appear on MyCareTeam's website, www.mycareteam.com.

"MyCareTeam's software, MCT-Diabetes, provides a great environment that can help people with diabetes manage their disease", said Nicole Johnson, International Diabetes Advocate. "I am very excited to be able to contribute my knowledge and experience on a regular basis to the MyCareTeam community in order to help users live the best life possible with diabetes."

Nicole Johnson, Miss America 1999, is an international diabetes advocate. She is the host of a popular TV show that is focused on diabetes, dLifeTV on CNBC. In addition, Ms. Johnson travels extensively, promoting awareness, prevention, and early detection of diabetes. She works as an advisor for patient groups and pharmaceutical companies, spending much of her time both creating patient education programs and engaging lawmakers on diabetes-related matters.

"Nicole's diabetes knowledge and experience will greatly benefit our user community", said Jim Mingle, CEO of MyCareTeam, Inc. "She brings a unique perspective and firsthand experience with diabetes that is unparalleled. We are very excited to have her as part of our extended team."

MyCareTeam recently announced new features to its diabetes monitoring software, MCT-Diabetes. In addition to tracking glucose readings, MCT-Diabetes now allows the user to track and store meals in a "Meal Log", build an "Insulin Log", "Exercise Log", and use "TotalView", a state-of-the-art charting tool. MCT-Diabetes accepts nutrition information from meals consumed (carbohydrates, fats, protein, and fiber) and insulin administered via manual data entry or automatic upload.

MCT-Diabetes is a tool that allows individuals with diabetes and their care providers to collaborate and monitor glucose levels across the Internet. The product facilitates collaboration, which improves the long-term management of diabetes. The intuitive, easy-to-use service allows users to decide who (care providers, medical staff, family members, and friends) can have access to their data and with whom they communicate. Users who do not wish to share access with care providers can print reports and graphs and take them to appointments for review.



The new charting component, TotalView, allows users and medical staff to easily navigate through the data, and visualizes the impact of carbohydrates, insulin, and medication on blood glucose levels. In essence, it is a dashboard to all of the important information needed to control diabetes. It enables the user to easily chart blood glucose readings, medications, meals, exercise and insulin usage giving an overall picture of how each item affects blood glucose readings.

MCT-Diabetes is available directly from MyCareTeam on a monthly or annual subscription membership basis. Visit the company's website at www.mycareteam.com for more information.

About MyCareTeam, Inc.

MyCareTeam, Inc. was founded to provide software offerings that are designed to help people with diabetes to collaborate and manage their illness while reducing overall healthcare costs. The company's diabetes offering, MCT-Diabetes, has been successfully used for over five years by patients, doctors and nurses to dramatically improve the health and wellness in people with diabetes and reduce overall healthcare costs. MyCareTeam is headquartered in Acton, Massachusetts and the company's website is www.mycareteam.com.

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