



## **FOR IMMEDIATE RELEASE**

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### **Use of MyCareTeam™ Technology Reduces HbA1C in Native Communities**

*Research indicates that HbA1c dropped over time for participants enrolled in Georgetown study*

**BOSTON, MA. – September 26, 2007** – MyCareTeam, Inc., a leading vendor of software applications designed to help people manage diabetes, has released preliminary results of a study conducted by Georgetown University in Native Communities.

The MyCareTeam Internet application was introduced into existing diabetes management programs at selected Native Communities, including: American Indians, Alaskan Natives and Native Hawaiians. Patients used MyCareTeam to transmit the results of their blood sugar readings to a secure database where their blood sugar results were analyzed and presented in multiple formats. These patients also used MyCareTeam to communicate with their diabetes health care team.

“We are very pleased with the positive results achieved by using our software in the Georgetown diabetes management study involving native communities.” said Jim Mingle, CEO of MyCareTeam, Inc. “The results demonstrate yet again that using MyCareTeam leads to better diabetes management and, ultimately, a reduction of the devastating health complications of diabetes.

“We focused our study on diabetes in native communities because many have the highest rates of diabetes in the world; 50 percent or more of adults are affected within some Native American Communities.” said Betty Levine, Division Director, eHealth & Telemedicine Division at the ISIS Center at Georgetown University. “We are thrilled with the results thus far of our research using the MyCareTeam software. Patients that frequently used MyCareTeam found that their HbA1c level dropped an average of 2.28 points, and lead to overall improvement in their diabetes health.”

The HbA1c test is the critical bellwether measurement for predicting long term outcomes for diabetics. The higher the percentage of glucose, the more likely it is that an individual will be prone to severe outcomes like amputations, blindness and death. MyCareTeam leads to a reduction in HbA1c in two ways.

First and foremost, MyCareTeam improves day-to-day self management of blood glucose levels by making it easy to upload glucose meter readings from most commercially available meters via the telephone or the Internet, collate the data, and report it back to the patient in easy to understand tabular and graphical reports. These reports give the patient a clear picture of glucose level trends over time, highlighting patterns that suggest where and when problems occur.



Second, MyCareTeam facilitates collaboration, which is key to the best long-term management of diabetes. The intuitive, easy-to-use application provides an optional, permission-based portal for care providers, clinicians, and family members to view and communicate with the patient based on their results. For patients who do not wish to share access with care providers, the application includes the ability to print reports and graphs that can be taken by the patient to appointments with care providers for periodic review.

The MyCareTeam software study includes participants from the Mandan, Hidatsa & Arikara Nation in North Dakota, the Poarch Band of Creek Indians in Alabama, the Nez Perce Tribe in Idaho, Papa Ola Lokahi in Hawaii, the Tlingit & Haida Indian Tribes in Alaska, and the Phoenix Indian Medical Center in Arizona.

### **About MyCareTeam, Inc.**

MyCareTeam, Inc. was founded to provide software offerings that are designed to help people with diabetes to collaborate and manage their illness while reducing overall healthcare costs. The company's diabetes offering, MCT-Diabetes, has been successfully used, with proven results, for over five years by patients, doctors and nurses to dramatically improve the health and wellness in people with diabetes and reduce overall healthcare costs. MyCareTeam is headquartered in Boston and the company's website is [www.mycareteam.com](http://www.mycareteam.com).

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